

FARM ŠTEFAN CIGUT



GENERAL INFORMATION

Location of farm Slovenia	web page Obdelava tal (kmetija-cigut.si)
Name of the farmer	Štefan Cigüt jr.
Size of farm	380 ha
Permanent staff	6 regular and 2 seasonal
Main products of farm	Crops (corn, wheat, barley, sunflowers, soybeans, alfalfa, triticale, pumpkins) and livestock production.



CURRENT REGENERATIVE AGRICULTURE PRACTICES ON THE FARM

Farmland cultivated with RA practices	All
Crops produced with RA practices	All of them
Duration of using RA practices	Since 2013

Description of RA practices used in the farm

They have been using the practice of regenerative agriculture for 10 years. In this way, they grow corn, wheat, barley, sunflowers, soybeans, alfalfa, clover and grass mixture, triticale and pumpkins. Regenerative agriculture was chosen to increase soil fertility, improve soil structure and increase the proportion of humus in the soil. The main motivation was maintaining the vitality of the soil and a sustainable way of farming.

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STARTING AND MOTIVATION BEHIND REGENERATIVE AGRICULTURE

Main motivation	The main motivation was maintaining the vitality of the soil and a sustainable way of farming.
Learning the RA farming practices	Study trips abroad (Switzerland and Italy are professionally relevant), literature, help of other farmers. As I read a lot on the subject, I have gathered most of the information I need, but the resources available in Hungarian are quite limited.
Did the farmer receive training?	Yes , Štefan attended a training course on regenerative agriculture organized by the Slovenian Association for Conservation Agriculture.
Did the farmer receive financial support?	No



RESULTS OF REGENERATIVE AGRICULTURE

Benefits of using RA practices

The advantages of regenerative agriculture, which the farm perceives: With permanent coverage with plants or plant residues, the quality of the soil improves, the content of organic matter in the upper layer of the soil is higher.

"With minimal interventions in the soil, we reduce the frequency of passages with machinery, which has a positive effect on less compaction of the soil.

By using the methods of regenerative agriculture, we influence the entire agro-ecosystem. It is important that regenerative agriculture is carried out permanently, for several years."

Obstacles of using RA practices

There is no obstacles of using RA on our farm.

Is the farmer happy overall with RA?	Yes
Does the farmer intend to continue RA?	Yes
Does the farmer intend to introduce changes in RA methods or crops?	"We are satisfied with the methods and techniques of regenerative agriculture used, or we adapt to the needs of farming."



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